



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board

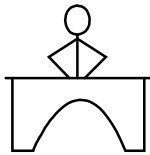
Ein cyf/Our ref: LC/KL
Gofynnwch am/Please ask for: Liz Carroll
E-bost/E-mail: Liz.Carroll@wales.nhs.uk
Rhif Ffôn /Telephone: (01267) 674130
Date: 31st March 2020

Mental Health & Learning Disabilities Services
Hywel Dda University Health Board
Tŷ Gwili
1 Bronwydd Road
Carmarthen
SA31 2AJ

Gwasnaethau Iechydd Meddwl ac Anableddau Dysgu
Ymddiriedolaeth GIG Hywel Dda
Tŷ Gwili
1 Heol Bronwydd
Caerfyrddin
SA31 2AJ



Coronavirus Update



This letter is from the managers of the Mental Health and Learning Disabilities Service.



Lots of people are getting poorly because of the new illness called coronavirus.



It is a new virus or flu.

Swyddfeydd Corfforaethol, Adeilad Ystwyth,
Hafan Derwen, Parc Dewi Sant, Heol Ffynnon Job,
Caerfyrddin, Sir Gaerfyrddin, SA31 3BB

Corporate Offices, Ystwyth Building,
Hafan Derwen, St Davids Park, Job's Well Road,
Carmarthen, Carmarthenshire, SA31 3BB

Cadeirydd / Chair
Mrs Bernardine Rees OBE

Prif Weithredwr/Chief Executive
Mr Steve Moore

Bwrdd Iechyd Prifysgol Hywel Dda yw enw gweithredol Bwrdd Iechyd Lleol Prifysgol Hywel Dda
Hywel Dda University Health Board is the operational name of Hywel Dda University Local Health Board

Mae Bwrdd Iechyd Prifysgol Hywel Dda yn amgylchedd di-fwg Hywel Dda University Health Board operates a smoke free environment



We know that many of you are worried.



We are here to help you.



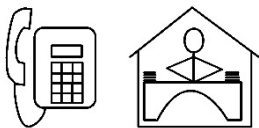
You can talk to your staff at the CTLD on the usual telephone number.



Carmarthen CTLD 01267 244388



Ceredigion CTLD 01545 572735



Llanelli CTLD 01554 744264



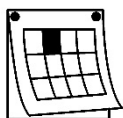
Pembrokeshire CTLD 772819



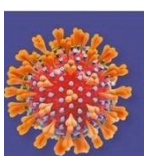
We are providing a limited service. You will not be able to visit the CTLD for a while.



This is to keep you safe.



Our service is going to be different for the next few months.



This is because of the Coronavirus.



Please share this information with your family, friends and carers.

Yours sincerely,



L. Carroll

Liz Carroll
Director of Mental Health & Learning
Disabilities

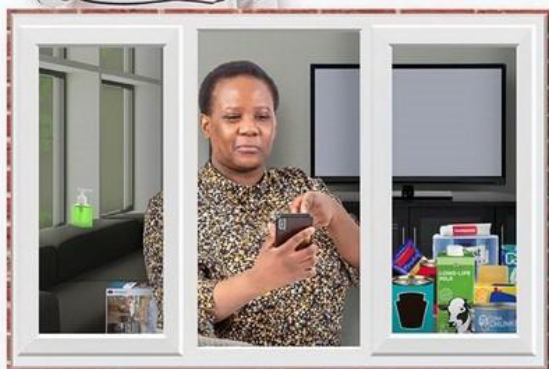


Sara Rees

Sara Rees
Interim Head of Nursing
Mental Health & Learning
Disabilities



Warren Lloyd
Associate Medical Director
and Clinical Director



Stay at home

We must stop the disease spreading.
Only leave home for :

- * Shopping essentials
- * Exercise once a day
- * Medical or care needs
- * Travel to work if you have to



No more meeting friends.



No visiting family in other places.



No groups of more than two people in public.



Closed

Most shops are closed. Events are cancelled. Funerals are allowed.



If you are ill
Stay at home for 7 days
If you feel worse
Phone NHS 111
or visit 111.nhs.uk