



Hwb Cymunedol  
Sir Benfro  
Pembrokeshire  
Community Hub

# Connect with Pembrokeshire Community Hub

- Information on all current cost of living support.
- Access to information on community groups, projects and initiatives.

Call **01437 723660** or email  
**enquiries@pembrokeshirecommunityhub.org**



Visit  
**[www.connectpembrokeshire.org.uk](http://www.connectpembrokeshire.org.uk)**  
and click  
***Pembs Community Hub***

## Support available:

- Information on a wide range of projects and initiatives via [www.connectpembrokeshire.org.uk](http://www.connectpembrokeshire.org.uk). Not online? Call us and we will answer any questions.
- Information on community resources, care options and much more.
- Connecting you with local support services when finances are stretched.
- Access to sim cards and mobile data to help you stay online.

# One call, that's all

**Community services in Pembrokeshire rely on volunteers – there are many possible roles and, you could give anything from an hour a week to several hours a day. If you can help us out, please call us.**



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# Cysylltwch â Hwb Cymunedol Sir Benfro

- Gwybodaeth am yr holl gymorth costau byw presennol.
- Mynediad i wybodaeth am grwpiau, prosiectau a mentrau cymunedol.

Ffoniwch 01437 723660 neu e-bostiwch  
[enquiries@pembrokeshirecommunityhub.org](mailto:enquiries@pembrokeshirecommunityhub.org)

Ewch i

[www.connectpembrokeshire.org.uk](http://www.connectpembrokeshire.org.uk)

chliciwch ar

**Hwb Cymunedol  
Sir Benfro**

## Cymorth sydd ar gael:

- Gwybodaeth am ystod eang o brosiectau a mentrau drwy [www.connectpembrokeshire.org.uk](http://www.connectpembrokeshire.org.uk). Ddim ar-lein? Ffoniwch ni a byddwn yn ateb unrhyw gwestiynau sydd gennych.
- Gwybodaeth am adnoddau cymunedol, opsiynau gofal a llawer mwy.
- Eich cysylltu â gwasanaethau cymorth lleol pan fo arian yn brin.
- Mynediad at gardiau sim a data ffôn symudol i'ch helpu i aros ar-lein.

# Un alwad, dyna i gyd

Mae gwasanaethau cymunedol yn Sir Benfro yn dibynnu ar wirfoddolwyr - mae llawer o rolau posib, a gallech roi unrhyw beth o awr yr wythnos i sawl awr y dydd. Ffoniwch ni os gallwch chi ein helpu, os gwelwch yn dda.